

Altru Health Systems

Crookston

400 S Minnesota St,
Crookston, MN 56716
218-281-9100
M-F: 7:00am-7:00pm

East Grand Forks

607 DeMers Ave
East Grand Forks, MN 56721
218-773-0357
M-F: 8:00am-5:00pm

Erskine

23076 347th St. SE
Erskine, MN 56535
218-687-5317
M-F: 8:00am-4:30pm

Family Medicine Center

1380 S Columbia Rd
Grand Forks, ND 58201
701-795-2000
M-F: 8:00am-5:00pm

Family Medicine Residency

725 Hamline St
Grand Forks, ND 58203-2819
701-780-6800
M-F: 8:00am-5:00pm

Red Lake Falls

312 International Drive
Red Lake Falls, MN 56750
218-253-4343
M-F: 8:00am-4:30pm

Thief River Falls

1845 Hwy 59 S Suite 800
Thief River Falls, MN 56701
218-681-7280
M-F: 8:00am-5:00pm

www.altru.org

Essentia Health

Ada

201 9th St W Suite 1
Ada, MN 56510
218-784-2727
M-F: 8:00am-5:00pm

Bagley

121 Central St NW.
Bagley, MN 56621
218.694.6281
M-F: 9:00am-5:00pm

Fosston

900 Hilligoss Blvd SE
Fosston, MN 56542
218.435.1212
M-F: 9:00am-5:00pm

Mahnomen

117 N Main St
Mahnomen, MN 56557
218-936-5616
M-F: 8:30am-4:30pm

www.essentiahealth.org

RiverView Health

Crookston

323 S Minnesota St
Crookston, MN 56716
218-281-9595
M-F 7:00am-7:00pm
Sa & S: 9am-1pm

Fertile

306 N Mill St
Fertile MN, 56540
218-945-6695
M-Th: 8:00am-6:00pm
F: 8:00am-4:30pm

East Grand Forks

1428 Central Ave NE
EGF, MN 56721
218-773-1390
M-F:8:00am-4:30pm

Red Lake Falls

105 International Drive #25
Red Lake Falls, MN 56750
218-253-4606
M-F: 8:00am-4:30pm

www.riverviewhealth.org

Sanford

(Straight MA and Blue Plus Only)

Bagley

1656 Central St. W
Bagley, MN 56621
(218) 694-2384
M-F: 8:00 am-4:30pm

Bemidji

1233 34th St NW,
Bemidji, MN 56601
(218) 333-5000
M-F: 8:00am-5:00pm

East Grand Forks

929 Central Ave NW
East Grand Forks, MN 56721
218.773.6800
M-F: 8:00am-5:00pm

Halstad

445 1st St E
Halstad, MN 56548
218-456-2158
M: 1:00pm-5:00pm
T, Th, F: 8:30am-12:00 pm

Mahnomen

410 SW 4th St
Mahnomen, MN 56557
218-935-2514
M-F: 8:00am -12:00pm
12:40pm-5:00pm

Thief River Falls

3001 Sanford Parkway
Thief River Falls, MN 56701
218-681-4747
M-F: 8:00 am-5:00 pm

Twin Valley

501 2nd St NW
Twin Valley, MN 56584
218-584-5142
T, F: 8:00am-4:30pm

www.sanfordhealth.org

Hope Pediatrics

219 Brooks Ave N
Thief River Falls, MN 56701
(218) 681-4673
M, T, Th, F- 8:00 am-5:00pm
W: 8:00am-7:00pm

www.hopepediatricstrf.com

Spectra Health

212 S. 4th St
Grand Forks, ND 58201
701-757-2100
M-F: 7:00am-5:00pm

www.spectrahealth.org

Dentist that accept MA, Blue Plus, and HealthPartners

Clinic Name	Clinic Address	Phone Number	Clinic Hours	Accepted Insurance	Website
Apple Tree Dental	520 S Main St Hawley, MN	218-483-1038	M-F: 7:00am-5:30pm	Blue Plus, HealthPartners, Straight MA	www.appletreedental.org
Bagley Dental	13 Main St Bagley, MN	218-694-6571	M-Th: 8:00am-4:00pm	Blue Plus, HealthPartners, Straight MA	www.dakotapediatricdentistry.com
CHI St Joseph's Community Dental Clinic	206 Pleasant Ave Park Rapids, MN	218-732-4436	M-Th: 8:00am-5:00pm	Blue Plus, HealthPartners, Straight MA	www.sjahs.org
Dakota Pediatrics Dentistry	3990 S Columbia Rd Grand Forks, ND	701-746-1400	M-Th: 8:00am-4:30pm F: 8:00am-3:00pm	Blue Plus	www.dakotapediatricdentistry.com
Family Health Care	715 North 11st St Moorhead, MN	701-551-1506	M-F: 7:00am-5:00pm	Blue Plus, HealthPartners, Straight MA	www.famhealthcare.org
Karlstad Dental Clinic	223 S Main St Karlstad, MN	218-436-2944	M-W: 8:30am-4:00pm	Blue Plus, HealthPartners, Straight MA	www.roseaudental.com
Northern Dental Access Center	1405 Anne Street NW Bemidji, MN	218-444-9646	M-Th: 8:00am-4:30pm F: 8:30am- 1:00pm	Blue Plus, HealthPartners, Straight MA	www.northerndentalaccess.org
	132 3rd Street W Halstad, MN	218-456-2238 1-888-575-4020	T-F: 8:30am-4:30pm	Blue Plus, HealthPartners, Straight MA	
Prairie Dental Center	200 E Main St Ada, MN	218-784-7119	M-Th: 8:30am-5:00pm Every other F: 8:30am- 12:00pm	Blue Plus	www.prairiedentalcenters.com
	222 N Mill St Fertile, MN	218-945-6111	T: 9:00am-4:00pm W: 9:00am-4:00pm	Blue Plus	
	123 Monroe Ave W Mahnomon, MN	218-935-9340	T & W: 8:30am-5:00pm Th: 9:00am-4:00pm Every other F: 8:30am- 12:00pm	Blue Plus	
	214 Main Ave W Twin Valley, MN	218-584-5193	M: 8:30am-4:00pm Every other Th: 8:30am - 4:00pm	Blue Plus	
Spectra Health Dental Clinic	212 S 4th St #101 Grand Forks, ND	701-757-2100	M-F: 7:30am-5:00pm	Blue Plus, HealthPartners, Straight MA	www.spectrahealth.org

Please note that this is not a comprehensive list of all dental clinics. For a complete list, call your health plan customer service. Blue Plus members can access a Dental Care Coordinator who will assist with scheduling a dental appointment by calling 1-800-774-9049.

Who can help with **Transportation?**

Locally:

Tri-Valley Heartland Express
T.H.E. Bus)
800-201-3432
<http://www.tvoc.org/heartland.htm>

Ampride Taxi Crookston MN
218-281-2000

C.A.T. Cities Area Transit
Grand Forks ND
701-746-8108

Health Plans:

Blue Plus:
866-340-8648

HealthPartners:
952-883-7400

Call your health plan
one week before your
scheduled
appointment

Medical Assistance Recipients

Check with your worker at Social Services to see if you qualify for MA transportation reimbursement if you would like to drive yourself.

Check out

Polk County Public Health Online!

www.co.polk.mn.us/publichealth

